

# MAR ATHANASIOUS CHAMPIONSHIP- 2022-2023

## TRACK & FIELD (BOYS & GIRLS)

1. The meet shall be conducted according to the rules of Athletic Federation of India.
2. A school can field only two athletes in each individual event and a relay team.
3. An individual can participate in two events and a relay event.
4. The various age categories and list of events in which competition will be held:-

<b>Sub-Junior</b>		<b>Junior</b>		<b>Senior</b>	
<b>Boys</b>	<b>Girls</b>	<b>Boys</b>	<b>Girls</b>	<b>Boys</b>	<b>Girls</b>
50M	50M	100M	100M	100M	100M
100M	100M	200M	200M	200M	200M
200M	200M	400M	400M	400M	400M
4X100M Relay	4X100M Relay	4X100M Relay	4X100M Relay	1500M	800M
Long Jump	Long Jump	Long Jump	Long Jump	4X100M Relay	4X100M Relay
Shot Put (3 kg)	Shot Put (3 kg)	High Jump	High Jump	High Jump	High Jump
		800M	800M	Long Jump	Long Jump
		Shot put (4 kg)	Shot put (3 kg)	Shot put (5 kg)	Shot put (4 kg)
				Discus Throw	Discus Throw

4. Each school will submit event-wise list of participating Athletes (detailed entry) on the prescribed format. The detailed entry list must be signed by the principal of the school concerned with seal.
6. On the spot entry/changes will not be permitted.

**MAR ATHANASIOS CHAMPIONSHIP**  
Athletics  
**ENTRY FORM**

**Name of the School:**

**Category: Sub Junior Boys** (Born on after 01.01.2009)

SL No.	Name	DOB	50M	100M	200M	Long Jump	Shot put	4x100M

\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) :**

**Name of the Coach (Tel No) :**

**Principal Signature**

**School Seal**

**MAR ATHANASIOUS CHAMPIONSHIP**  
**Athletics**  
**ENTRY FORM**

**Name of the School:**

**Category: Sub Junior Girls** (Born on after 01.01.2009)

SL No.	Name	DOB	50M	100M	200M	Long Jump	Shot put	4x100M

\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) :**

**Name of the Coach (Tel No) :**

**Principal Signature**

**School Seal**

# MAR ATHANASIOS CHAMPIONSHIP

## Athletics ENTRY FORM

**Name of the School:**

**Category**    **Junior Boys** (Born on after 01.01.2006)

SL No.	Name	DOB	100M	200M	400M	800M	Long Jump	High Jump	Shot put	4x100M

\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) :**

**Name of the Coach (Tel No) :**

**Principal Signature**

**School Seal**

# MAR ATHANASIOS CHAMPIONSHIP

## Athletics ENTRY FORM

**Name of the School:**

**Category: Junior Girls** (Born on after 01.01.2006)

SL No.	Name	DOB	100M	200M	400M	800M	Long Jump	High Jump	Shot put	4x100M

\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) :**

**Name of the Coach (Tel No) :**

**Principal Signature**

**School Seal**

# MAR ATHANASIUS CHAMPIONSHIP

## Athletics ENTRY FORM

**Name of the School:**

**Category** **Senior Boys** (Born on after 01.01.2004)

SL No.	Name	DOB	100M	200M	400M	1500M	Long Jump	High Jump	Shot put	Discus Throw	4x100M

\*A school can feed only two athletes in each individual event and a relay team.

**Name of the Manager (Tel No) :**

**Name of the Coach (Tel No) :**

**Principal Signature**

**School Seal**

# MAR ATHANASIOS CHAMPIONSHIP

## Athletics ENTRY FORM

Name of the School:

Category **Senior Girls** (Born on after 01.01.2004)

SL No.	Name	DOB	100M	200M	400M	800M	Long Jump	High Jump	Shot put	Discus Throw	4x100 M

\*A school can feed only two athletes in each individual event and a relay team.

Name of the Manager (Tel No) :

Name of the Coach (Tel No) :

Principal Signature

School Seal